# SPOTLIGHT on Sarratt Paris

### **ABOUT THIS MAGAZINE**

SPOTLIGHT is produced by **Holy Cross Church, Sarratt** for the people of the village and hamlets and welcomes reports of ALL village activities. HOLY CROSS - making Jesus known - a church for the whole community.

EDITOR ADVERTISING ASSOCIATE EDITOR Michael Edmund Michael Lench Tony Bond sarrattspotlight@googlemail.com optimal@ic24.net familybond@live.co.uk 261941

#### More about:

the Benefice: www. hcsp.net

the Village: www.sarrattvillage.co.uk

#### SOME USEFUL CONTACTS

#### CHURCH OF ENGLAND PARISH CHURCH OF THE HOLY CROSS, SARRATT

CHOICE OF ENGLAND			
Rector	Rev'd Michele du Saire micheledusaire.hcstp@gmail.con	n 265848	
	The Vicarage, The Street, Chipper	The Vicarage, The Street, Chipperfield, Herts WD4 9BJ	
Readers	Mrs. Angela Coakley	angelac3000@aol.com or 264380	
	Mr. Philip Waine	268904	
Church Wardens	Nikki Clough	07795 362953	
	Mr. Alan Poulton	260295	
Organist/Choirmaster	Mr. David Clough	264884	
Administrator	Ms. Machaela Gravestock	Office: 264377	
	e-m	ail: holycrossstpauls@btconnect.com	
Children's Church	Mrs. Linda Clough	264884	
Youth Worker	c/o Rev'd Michele du Saire during vacancy		
Friends of Holy Cross	Mrs. Kate Hobhouse	kate@hobhouse.uk.com	
ROMAN CATHOLIC CHUR	CH OF OUR LADY MOTHER OF THE SAVIOUR, (	CHIPPERFIELD	
Priest	Fr Paul Harris, c/o The Presbytery, Dunny Land	e, Chipperfield 275046	

Sunday Holy Mass 10am Saturday Vigil Mass 6:30pm Tuesday/Friday Holy Mass 10am

SARRATT PARISH COUNCIL	visit www.sarrattparishcouncil.co.uk	
Chairman	Cllr. David Turner	268445
Parish Clerk	Mrs. Janice Dawes	262025
		sarratt parish@btconnect.com

Parish Office hours Monday & Wednesday 1pm - 4pm; Tuesday, Thursday & Friday 9am - Noon Additional opening from 7pm on the evenings of meetings. Alternative arrangements will be notified on the Office Door. Out of hours emergencies: contact Cllr. David Turner on 268445

THREE RIVERS DISTRICT COUNCIL	District Councillor	Mrs. Marilyn Butler	263456
	District Councillor	Mrs. Alex Hayward	291574
	District Councillor	Mrs. Heather Kennison	773683
HERTFORDSHIRE COUNTY COUNCIL	County Councillor	Mr. Chris Hayward	291574
SARRATT CHURCH OF ENGLAND SCHOOL	Co-Headteachers	Mrs. N.O'Hare & Mr. D. Smith	262003
SARRATT COMMUNITY BOOKINGS VILLAGE HALL	Village Hall website: www.sarrattvillagehall.co.uk Bookings Secretary at the Hall Tuesdays (only) 10am-4pm e-mail: sarrattvillagehallbookings@live.co.uk Telephone bookings 265881		
SARRATT CARE POLICE	10am - 12noon Monday i Neighbourhood Watch neighbourhood Watch nei		270577 101

Please note: unless otherwise indicated, all phone numbers in Spotlight have the prefix 01923. The information on these pages is, we believe, correct as we go to press.

2

This Month's Cover Image: "Blackbird" is by kind courtesy of Vaughan Ryall and Sarratt U3A

Harvest Reflection...

Last month, Michele looked at the subject of gratitude and encouraged us to be thankful. Harvest is a time when we bring in the fruits of our labours and farmers in our area will have been harvesting, packing and gathering in. They prepare, plant and harvest their crops, yet the harvest will be only as good as the weather. In France this year many vineyards had to bring in grapes early due to the heatwave and although we can

reflect on receiving the benefits of our labour, there is an element of not quite knowing what the harvest will be. Some might argue that this is due to the greater mercy of God in the provision of weather. Whether the harvest is good

or bad, the input from the farmer and others who grow crops will be the same.

Likewise in life, the input we give to our jobs, family, friends and community will bring many blessings. The other side of generosity is the concept of receiving. The farmer receives his harvest, and we will receive the benefits of our labour in wages or maybe from our investments as we get older - yet many struggle with the idea of receiving from others. The idea that we may need to ask for help, whether that be families going to the DENS food bank or asking your employer for a payrise tends to bring up issues around pride, and yet our attitude to how we learn to

receive from others will often be the foundation to how we learn to serve and give.

In my experience it is more often than not harder to receive than to give. Yet at the heart of the Christian message is the notion of receiving unconditional love, mercy and grace from God. We may take this for granted, yet in seeking to understand the implications of this and experiencing an unconditional love: when

we have lost our temper, let somebody down or disappointed them, does not seem congruent. Some of us may think that we don't ever need to receive - as we have worked hard, invested ..starts the receiving process well and provided for our Jim Rohn families, and to an extent

> you would be right, however, our attitudes and thoughts on receiving, seeking help and support will mould us into better givers.

> My challenge to you then at this harvest time is to try to open yourself to the possibility of receiving in a new way. This may be just seeking some advice or looking for someone to help around the house or garden. I sense we might learn much about ourselves as Christians and much about a loving, generous God who blesses us with a harvest, whether we have carried out the hard work or not.

Philip Waine, Licensed Reader, St. Paul's



# SARRATT CARE CARE SERVICES ARE AVAILABLE FOR ALL AGES MONDAY TO FRIDAY from 10am to noon: call 270577

(When CARE is in the Village Hall, call 267421)

# **CARE Dates for October**

# CARE LUNCH

Monday 16 12.30pm in the Village Hall.

Cancellations or Confirmations, please, to Carol Chorley on 265096 by Thursday 12.



# **COFFEE CORNERS**

Wednesday 11 and 18 10.30am to noon in the Village Hall.

Appointments for Chiropody, Massage and Hairdressing can be made with Jackie Creed on 519975





# PERSONAL PARAGRAPHS

**Chris and Steve Cavalier** are delighted to announce the arrival of two grandchildren. First to be born was Leo Cavalier, son of James and Sarah. Just seventeen days later he was followed by his little cousin Sofia, daughter of Clare and Benn.

We are so thrilled to welcome these two beautiful new additions to our family.

# **October Sunday Market**

So come to the Village Hall Sunday Market on Sunday 29 October\*, to see our spellbinding selection of bargains – with craft, bric-a-brac, home baking and affordable antiques stalls. Tea and coffee is available with biscuits or home made cakes. 10am till midday. Any enquiries please ring Larry on 265386.

\* Please note for this month only the market is on the last Sunday – next month we will be back on the third Sunday (19 November).



# **GRAPEVINE MOVIES 2017-2018**

#### SEASON OPENS FRIDAY, 6 OCTOBER

SARRATT VILLAGE HALL

Doors will open at 7pm, food will be served from 7.10pm and the lights go down at 8pm

It is time to prepare for another thrilling season of GRAPEVINE MOVIES and the OPENING NIGHT will be Friday, 6<sup>th</sup> October. Doors will open at 7.00 pm. A medium Chicken Curry (v. Vegetable Curry) will be served from 7.10pm. There will be the brilliant Cat and Mouse duo to get the evening off to a fine start, followed by the main event. This film is based on the true story of 5-year old Saroo who became lost on a train. He travelled across India to Kolkata (Calcutta) where he had to learn to survive alone. Eventually he was adopted by an Australian couple, (Nicole Kidman and David Wenham). As an adult, Saroo, played by Dev Patel, sets out to find his lost family. As always there will be Colin's jolly good bar. Ice cream will be on sale during the interval.

The dates for your diaries are:

\*please note change of date

October 6<sup>th</sup> \*November 3<sup>rd</sup> \*December 15<sup>th</sup> January 12<sup>th</sup> February 8<sup>th</sup> and March 9<sup>th</sup>.

If you require any further information or if you would like to volunteer as a helper, please contact:

Maggie Goldthorpe on 262586 or Debbie Kingston 896925.



The High Sheriff of Hertfordshire Invites You

# to Sarratt's First Ever Freshers Fair

2nd November in The Village Hall at 6pm

If you are a club or organisation or business in the village, this is a fantastic opportunity to

- Promote your group
- Share with others what you do
- Meet potential supporters/clients/volunteers

### 8 HAVE SOME FUN

If you live in the Village, come along and see what is on offer A chance to browse, try, taste, explore & Enjoy Free Prosecco

You can Exhibit for Free, and Tables are on offer on a first come first served basis. so email Angelac3000@aol.com

# SANCTUARY GUILD Friday

- 6 Avril Reddy
- 13 Kate Soothill
- 20 Sue Ward
- Liz Heike 27



# CHURCH FLOWERS Saturday

8 Gill Oxenham 15 Margaret Sratford 22 Cecilia Neal 29 Jean Machin





Following on from the introductory talk in July, we will start a series of six weekly meetings on **Tuesday 26 September**, from12-1, in St Paul's Hall to further explore Christian meditation, which is also known as contemplative prayer. Each meeting is self- contained, so it is not necessary to come to every meeting. At the end of the series, we will continue with a weekly meditation group. For further information and details, please contact

Lorna Tett, 01923 771163 or email: lornathiele@hotmail.com

# Last Minute News: Macmillan Coffee Morning

Join the world's biggest coffee morning For Macmillan Cancer Support



A technical issue prevented publication of this notice last month. If you see it in time, please try to attend this very worthwhile fundraiser.

# DAYS CHARITY

**IF you have become 80** during the year, or will do so before the end of 2017, please contact **Carol Chorley, Tel. no. 265096** 

Thank You



# Chandlers Cross Residents Association

This year's AGM will be held in Chipperfield Village Hall, The Common, Chipperfield, Kings Langley, Herts, WD4 9BS, on Wednesday 18 October from 8.15 to 10.00pm

It will be followed by guest speaker Steve Morrill speaking about the history of Commonwood House, which has been a favourite topic with the History Society. This will be followed by cheese and wine.

All CCRA members and local residents of the hamlets between Chandlers Cross and Chipperfield are welcome.

Please RSVP to Sacha Coombe (sachacoombe@gmail.com) if you are coming, so we have an idea of numbers.

# THE ROYAL BRITISH LEGION

Poppiesforthisyear'sRemembrancetidewill be on sale at theVillageCommunityShop, and thevillagepubsfrom 28October.andtimesofbothbein theFlagpoleCeremony willbein theNovemberedition ofSpotlight.

Following the Church Service, Lunch has been organised at The Cock. If you would like to come, or want more details, please contact **Carol Chorley on 265096** 



Lest We Forget

# Friendship Club

A small number of us gathered on Monday afternoon. It seemed a long time since we had all been together. After we had sorted ourselves out we decided to have our tea and cake straight away then we sat and caught up on the news and what we had been doing during the summer. We planned out the themes of our next meetings through to Christmas. Nothing too strenuous of course! Make our Christmas cards at the October meeting, go out for a Christmas Dinner in November and our usual Christmas Tea Party in December – sounds about right!

After all that working out more tea and cake was required before we did the larder raffle and made our way home. The word searches which Sue had brought along were given out as 'homework' to bring back next time. Oh dear! I seemed to have forgotten mine!

So our next meeting when we shall be making Christmas Cards is on **Monday 9 October at 2.15 p.m. in the Village Hall.** Hope to see you ALL there, fit and ready to go!

Jackie Boughton









October Pints of View will be held at **The Plough, Belsize, on Monday 16 October, starting at 8pm**. Everyone is welcome. Do come and consider how the world can be put to rights.

### **Bob Shearer & John Guy**

# **Christmas carols**

Are you interested in joining the Holy Cross choir to sing carols at the annual carol service on December 17. and also on the Green in December? audition required, No iust enthusiasm. Sopranos and men especially welcome. Please either contact David Clough on 264884 or come to Holy Cross Church on . Friday 6 October or following Fridays if unable to come on the 6th which is our first rehearsal. We start at 8.00pm – all music supplied.





# What a Show!





The Sarratt Horticultural Society Autumn Show in the Village Hall on Saturday 9 September was the usual display of colour,

Another excellent Show had 53 entrants and 245 entries despite some difficult growing conditions. The new Show Secretary Steven Booth had an excellent Show and was the overall winner. Steven also won the Morton Neal Trophy for the highest aggregate points in the Spring and Autumn Shows as well as the David Osborne Cup for Vegetables, his real love, and Fruit.

John Hopkins gave him good opposition finishing as the Show runner-up, whilst also winning the Dahlia Trophy. The Village Hall was a riot of colour, with other winners being Christine Head for Other Flowers, Joan North and Pam Dickins for Roses, Joan North for



"...a wonderful sight..."

Cookery, Ted North for Arts and Crafts, with the Flower Arranging Loader Trophy being shared by Chairman Jennifer Haynes, Marilyn Butler and Gill Oxenham.

The Haynes Family had a very good Show with Katie winning the Children's Cup, Daniel winning the Staughton Jam Cup and the Family winning the 3 Rivers District Council Trophy.

In presenting the Cups, Parish Councillor Anthony Soothill congratulated all concerned for an outstanding Show in the usual Sarratt tradition.



What a Show... and What a Whopper!

Imagine emerging from the hedge right by those chevrons...

# Good Effort!

Walkers and motorists know the dangerous bend on Sarratt Road between Deadman's Ash and Micklefield. Thanks to the sterling efforts of Footpaths Officer John Goodman, and the agreement of all landowners concerned, there is a new gate that makes it safer for all. Including Daisy.





**Halloween will soon be with us** and is great fun especially for the kids, but it is only for one evening. Extend the party and feel good as well. How? By making Pumpkin soup. Don't throw away the pumpkin; instead make it into a first class meal. Here is an old French recipe. I have added the potato and carrot, it adds a little sweetness and thickens the soup slightly. Cook, freeze, heat, eat!! Use the pumpkin, (or buy one or two, very cheap after the day)! Pumpkins keep for months in a cool place, as long as it's frost free. You can dry and toast the seeds to eat as well. Pumpkin - around 4lb (2Kg). Medium onion. Large carrot. Large potato. Salt & Pepper. About  $3 - 3 \frac{1}{2}$  (2Lt) chicken or vegetable stock. 2 Tablespoons olive oil. 2 cloves garlic peeled and chopped fine. 3 (2pt) milk containers (easiest)

Break, chop or cut the pumpkin up into pieces about 6-8 inches any old shape. If you have a pressure cooker, cook for 3 minutes in about 1pt water. Then just pull the skin off - it's so easy that way. Otherwise, steam or boil 'till soft. Put the flesh and liquid into a preserving pan or divide into smaller portions.

Whilst it cooks, chop the onion up in small pieces with the garlic in a small saucepan and gently simmer in the oil until soft. Chop the potato and carrot into small pieces, in about 2 pints of chicken/vegetable stock and simmer 'til soft.

Then put all the ingredients and liquids into the large pan, mixing well and add salt and pepper to taste. Cool and blitz, adding a little milk or water if you like thinner soup. Bottle. Freeze. Or keep for a week or so in a fridge. Yummy.

John Rickard



# **C**...at the very heart of Sarratt village... Matthew Gould

Sarratt School sits at the very heart of Sarratt village, both figuratively and geographically. Along with the Church and the shop, the village hall and our three pubs, it is one of the threads that tie us together. We all have a stake in its future, and an interest in its success. We have a wonderful parents' association in SPA, led by the indefatigable Jackie Saraj. And there are opportunities for anyone else who wants to get involved.

Elsewhere in this edition of Spotlight our wonderful Acting Head, Mrs O'Hare, gives an update on school life.*[It's on Page 25 - Ed.]* But I wanted to write to introduce you to the Governors of the school. We are a group of volunteers who are responsible for setting the direction of the school and overseeing its management. We are currently eight strong, including Revd Michele and Mrs O'Hare. Most of us have children at the school. Almost everyone lives in or near the village. We are united by a common determination to see the school prosper, giving the best possible education to our children.

Any school has to be judged by the quality of the education it gives. We have watched with pride as the school, after a difficult period, won a glowing endorsement from Ofsted, and increasingly warm reviews from everyone who comes to inspect it. As a relative newcomer to the village, with my two daughters in the school, it has been a privilege for me to spend the last 18 months on the Governing Body. I have just taken over as Chair from John Manning, with Julie Disdale and Tony Coupland as the Vice-Chairs.

And we are now looking for at least three more Governors - one from the parents, one from the staff, and one from the wider community. If you feel you have skills and experience that would help us achieve our goals, and you would like to apply, then please do get in touch. Alternatively, if you would simply like to make a donation, or sponsor equipment or other vital resources at the school, we would be delighted to hear from you too.

Either way, please take an interest in our school. Whether or not you have children at Sarratt school, it is an important institution for our village, and for the future of our village.

The Governors are also focussed on a number of other priorities, including:

- the ethos of the school: we want to ensure it continues to be caring, warm and respectful. The 'Sarratt Way' is important to our children, so it needs to be important to us as well;
- the school's Christian character: it is proudly a Church of England school, with a strong link to Holy Cross. Revd Michele plays a big role in the life of the school. We want it to stay this way, while still being a school for children of all faiths and of none;
- **the school's place in the village:** we want the school to play a full role in the life of the village, and for the village to feel part of the school's wider community;
- the school's long-term future: we want to make sure the school has the best possible foundation for the coming years. We know that small village schools like ours are coming under pressure, up and down the country. So we have recommended to our parents and staff that we join a Multi-Academy Trust with Christ Church school in Chorleywood. We believe that, together, we will be stronger, better and more viable for years to come. Our shared plan is for a small, local network of schools that each keep their own character and ethos, but which support each other in pursuit of the highest standards and performance, and which together can make the most of our finite budgets.

# WHAT'S ON WHEN?



# ...AND WHERE?

When?	What?	Where? Which page has more?
September 26 (for 6 weeks)	Christian Meditation	8
29	Macmillan Coffee Morning	8
October		
6	Grapevine Movies	6
	Christmas Carols	11
8	Wildlife Volunteers	22
9	Friendship Club	10
11	Coffee Corner	4
	Sarratt WI	23
14	Autumn Fayre	10
15	Coffee Corner	4
16	Pints of View	11
18	Sarratt Care Lunch	4
	Chandlers Cross RA AGM	9
28 Onwards	RBL Poppies on Sale	9
29	Sunday Market	5
November		
2	Freshers Fair	7

# ...AND THESE REGULAR MEETINGS

Sarratt Mums, Babies and Toddlers Group 9.30-11.30am Mondays in the KGV Pavilion; also Lanes Children's Centre (265829)

Sarratt Beavers, Cubs and Scouts: Open to boys & girls. Scout Troop (age 10-14) meets every Wednesday evening. Cubs (age 8-10) and Beavers (age 6-8) meet every Thursday evening Enquiries to info@sarrattscoutgroup.org

Sarratt Rebels Youth Football Club. Training on Saturdays at KGV Field Sarratt Bowls Club 7.15pm Tuesdays King George V Pavilion (274323)

Netherby Bridge Group meets 2-4.30pm Thursdays in Sarratt Village Hall back room. New individuals and pairs are welcome to join our small group of contract bridge players. £2 a session includes tea and biscuits, Contact John Kelly 01442 834977 or Neil Milbank 01442 832355

Sarratt Book Club meets on the 1st Thursday of each month at 8pm.

Contact **Jeff Baker (263062)** for information

# **CHURCH SERVICES**

The Church of England Benefice of Sarratt and Chipperfield Holy Cross Church, Sarratt; and St Paul's Church, Chipperfield. Rector: Reverend Michele du Saire

October 201	7			
Tuesday to Thu	rsday of each week:	8am Morning Prayer		St Paul's
Sunday 1 (1st S 8am 10am	<b>Sunday of month)</b> Holy Communion Benefice Communion	16th Sunday after Trini	-	St Paul's Holy Cross
8am 10am 10am Wednesday 11	Sunday of month) Holy Communion All Age Worship Holy Communion and C (2nd Wednesday of mor 2nd Wednesday Holy C	nth)	-	St Paul's St Paul's Holy Cross Holy Cross
8am 10am 12 Noon	Sunday of month) Holy Communion Benefice Communion Baptism of Lucca Iannad Compline (traditional ni		-	Holy Cross St Paul's St Paul's Holy Cross
8am	<b>Sunday of month)</b> Holy Communion Open House Family Serv Holy Communion (Book	rice 'Aspects of Remembra	ance'	Holy Cross Holy Cross St Paul's
<b>Sunday 29 (5th</b> 10am	Sunday of month) Benefice Fifth Sunday F (venue to be confirmed,	<b>Bible Sunday</b> amily Service , see church notice board		'illage Hall
November 20 Tuesday to Thu	<b>017</b> rsday of each week:	8am Morning Prayer		St Paul's
8am 10am	<b>Sunday of month)</b> Holy Communion Benefice Communion Taizé-style Service 'Rem	All Saints Day		St Paul's Holy Cross St Paul's
Wednesday 8 (: 10am Saturday 11 11am	2nd Wednesday of mont 2nd Wednesday Holy C Remembrance Ceremor			Holy Cross

You are warmly invited to join us for worship & fellowship

# 1st Sarratt Beavers, Cubs and Scouts

Gavin Daly, Sarah Dobson & Warren Gillmore

At the beginning of September, 1st Sarratt Scouts, Cubs and Beavers re-started their weekly meetings after the summer break, with each Section having a programme of exciting activities planned for the Autumn Term, with the emphasis in September being to get outside as much as possible while the evenings are still light.



This term the Beaver Colony will be working on their Creative, Communicator, Safety and Navigator Activity Badges. They started the new academic year with a games night and welcomed six new Beavers to the Colony. As always a great turn out of parent helpers on the first night ! The Beavers will be going on camp in early October to Phasels Wood in Kings Langley, and arranging a night out at Quasar, which is always fun. We have also organised a trip for them to Paradise Wildlife Park in October where the Beavers will have a great day feeding and looking at the animals.

In Cubs the Autumn programme will incorporate the Cubs' Scientist, Environmental Conservation, International, Entertainer and Artist Activity Badges, with their final camp of the summer planned at the end of September at Brentwood in Essex. The new term kicked off with their Scientist badge, learning how the heart, circulatory and breathing systems of the human body work, with a some fun exercises in the Dell to test changes in their pulse rate with different levels of exercise. Chris Farman, one of the Assistant Scout Leaders, also talked to the Cubs about how a solar eclipse occurs and shared his photos of the recent eclipse in the United States that he witnessed over the summer. The Cubs have also had an evening out to Phasels Wood playing wide games and taking turns on the climbing wall.



The Scout Troop have been busy setting up a new Owl patrol to accommodate increased numbers, designing a new scout t-shirt to replace the scout shirt at less formal occasions and suggesting activities they would like to do as a Troop. This term we will also be taking part in a survey on the River Chess. Our scouts will also be busy preparing for a county competition and for an incident hike in the local area using all of our skills to navigate to prearranged locations to find food and resources for lunch and dinner, so if you see hungry Scouts in the area please do not feed them!

It is also Scout Community Month in October so if you have any community events or activities that you would like any of the Sections to support please let us know.



# **Contact:**

 Beavers (6 - 8 years): Gavin Daly gavin@sarrattscoutgroup.org
Cubs (8 - 10 years): Sarah Dobson sarah@sarrattscoutgroup.org
Scouts (10 - 14 years): Warren Gillmore warren@sarrattscoutgroup.org

# Sarratt Wildlife Volunteers



On Sunday 10 September, we were again at Commonwood, in the area near to Dellfield on the bottom road. Our task was to rake up the grass which had already been cut. This grassland is left uncut until early September for the benefit of the chalk loving flowers that grow there. Although we are basically on chalk, Sarratt lies mainly on an acid clay top, so chalky areas are in short supply. Beautiful blooms such as Field Scabious, Knapweed, Agrimony, Ladies Bedstraw, Wild Basil and the delicate white Burnet Saxifrage grow here, all beloved by bees and butterflies. Altogether there were 14 different species flowering here before it was cut, and there are more earlier in the year. The cut grass has to be raked and removed so that not too much goodness goes back into the soil – wild flowers thrive on poor soils.

Nine volunteers worked hard and soon finished the task. The sun shone and it's a beautiful place to be with the satisfaction of knowing we are helping the local wildlife.

On **Sunday 8 October** we shall be working at Morton's Pond at the North end of Sarratt Green, to try to remove some of the overgrowth of vegetation to allow more water to fill the pond. Meet there at 10am. Please come and help if you can, more volunteers are always welcome. Tools and refreshments provided. For more information please call **Dawn**, 267071, or Brenda, 269956 Dawn Pitts

### Sarratt W.I.

13 September 2016 was the hottest day of that Summer, however, 13 September 2017 must have been one of the coldest, so we at Sarratt WI were happy to be in the Village Hall and settled down to enjoy our speaker Mr Richard Thomas. His talk was entitled " A Walk with the Admiral" We all had our own ideas and expectations as to its content, most assuming seafaring tales about Admiral

Horatio Nelson. However, we were surprised and intrigued when we realised it was about the road named Admiral's Walk in Hoddesdon. Richard

showed us slides of his research which went back to 1521 when the area was just open fields called Ffore Lese Meadow. We saw an early map where the land was divided up and sold, and he told us of various owners until a few buildings began to appear on the land. By the early 19th century the land was owned by Admiral Donat O'Brien, a fascinating and brave character who fought in the



Napoleonic Wars and was captured three times, and imprisoned in France. After each capture, he escaped and walked hundreds of miles through Europe to eventual safety, and it was these walks which inspired the name of the road. We were all hugely impressed by Richard Thomas's vast amount of research, mostly done before the Internet came about. He brought to life many of the occupants of the now busy residential area of Four Leys

Meadow, where he himself has lived for fifty years.

We also made arrangements for our next monthly walk and pub lunch which will be in the

Ley Hill area – we now have as many members just coming to enjoy the lunch and company as walk beforehand! We shall also have a Fun Craft Day in November, our Christmas Party in December and a visit to Frogmore Paper Mill in Apsley in Jonly I'm afraid! **Telephone Dawn 267071** for more information.

#### **Carole Maddison**

# **The Grey Knights**



Thanks go to Dawn Pitts and Gregory Edmund from the Sarratt Local History Society for providing a fascinating historical walk and talk around Sarratt Green on Sunday, 20 August. To all present, the stories of past residents were once again brought vividly back to life, even if occasionally revealing the odd unsavoury crime. Gratitude must also he extended to Pam Turner for hosting the group afterwards with light refreshments.

I imagine that the holiday season was the reason that the only outing the buses enjoyed last month was taking 18 Grey Knights and their ladies to the Hit or Miss pub and restaurant in Penn Street. It was a good social evening and with only 9 people on board each bus Jenks' bus coped well with North Hill. New driver Andy had a hands off training session in Jenks' bus but we hope to get him behind the wheel soon. We have a wedding coming up but there is plenty of scope for more bookings. The Sarratt Village buses are running well so do think about using them.

John Roe 260755 john.nroe@gmail.com





# Comings and Goings Nicola O'Hare

**In July,** Sarratt C of E Primary School waved goodbye to the year 6 class. After a year full of triumphs and challenges the children in year 6 were ready to make their transition to secondary school. The leavers are all due to begin the next phase in their education journeys at a number of local schools including; King's Langley Secondary, St Clement Danes, Croxley Danes, Rickmansworth, Watford Grammar School for Boys, Westfield Academy, Townsend Secondary and Merchant Taylors. Their final days at Sarratt included a fabulous musical production, a trip to the river, a leaver's picnic and a special service in church. We wish the children the best of luck in their future endeavours.

We are now fully up and running with our new school year. After saying goodbye to the children and some staff who have moved to pastures new, we are now welcoming adults and children into our school community. The new reception class have been getting to grips with their new surroundings and are settling in well. We have also welcomed some new members of the teaching team; Miss Heir and Mr Young have joined the team in years 3 and 4. They are both newly qualified teachers and are raring to go with bags of energy and enthusiasm for the job. Mrs. Bailey and Mrs. Pinner are appointed as teaching assistants in years 5 and 6. Mrs. Goldspring, who was with us last year providing class cover, is now teaching in year 5.

We are all delighted with the start of the new academic year and are looking forward to all of the new opportunities and exciting events coming our way.



When our editor first asked me to write my story, my immediate response was which story? Knowing that Mike speaks to everyone in the village I wondered if my wife had let slip some family secret or whether he wanted me to write about the day that Margaret Thatcher finally drove me out of the Conservative party. But no, it was my cancer he was talking about. I was genuinely surprised as I now consider it a minor inconvenience rather than a big part of my life.

BONDS

After living in the village for about three years, and having had numerous tests was diagnosed with Ι cancer of the throat in September 2013. A week later I was admitted to the Churchill hospital in Oxford and underwent eight hours of surgery. Two weeks later I was home, sans teeth, with most of my tongue and part of my jaw bone removed and eating through a feeding tube. I was offered chemo and radio therapy but refused them as the possible side effects seemed to outweigh the possible benefits – the prospect of possible total

lack of taste had been enough to put me off; I enjoy my red wine too much.

Despite warnings that I might never eat normally or speak again, things were more or less back to normal by Christmas and in the New Year I was back doing a short shift in the village shop. By March the cancer had returned and I underwent further surgery at the Churchill. After another two weeks I was home again, sans even of my tongue, more having been told that I really needed chemo and radio this time The treatment lasted six weeks and since August 2014 I have not needed any further treatment apart from some massage to the lymph glands. There were no permanent side effects and my sense of taste was back to normal within two or three weeks.

I was remarkably lucky with the support I received from the NHS and from family and friends without which I would not have got through the experience. I have received more hugs in the last three years than at any time in my life! I genuinely think that the last few years were more stressful for my family than they were for me – patients suffer, their loved ones suffer more.

It is now nearly four years since my first operation and I think of myself as cured. I do not worry about the cancer returning though I would admit to a certain anxiety in the days leading up to my regular, now six monthly, checkups. At no time did I suffer any pain apart from the sore throat that prompted my initial diagnosis. I have lost a lot of weight, a good excuse to replenish my wardrobe. I am not as strong as I once was and have come to accept that I will never windsurf again and that horse riding, which I had gone back to after moving to Sarratt, is a thing of the past - but I continue to swim regularly. Fortunately don't suffer from Ι embarrassment and have come to accept that my speech will always be different from before - no more public speaking but happy to talk in small groups where I can get a word in edgeways. Customers in the village shop seem to understand me and I am only too happy to repeat things when asked.

I have discussed dental implants with my surgeon but he has advised against because of the radio therapy. Recently a young child in the shop asked why I had no teeth. Neither of us was embarrassed but Ι suspect his mother was. Unfortunately I was too slow to reply that the tooth fairy had stolen them! I have adjusted to eating and need meat and certain vegetables to be processed to the consistency of baby food. Chefs fall over themselves to cater for me and I still eat regularly in restaurants. The Cricketers always does me proud.

I only have myself to blame for the cancer. I was a pipe smoker for over 50 years. Vaping allowed me to give up with ease. I have others to thank for my recovery.



# News from the Terraces...

**Our first team** have been relegated to division 1 of the Herts Senior County League. Our new Manager, Boomer Burgess, is settling in very nicely and has introduced some new players into the club. Among these are some very talented young lads.

We also have a new Chairman, Simon MacQueen who is also one of our more senior players. Simon and Boomer are very keen to push us upwards and expand our match day experience. Yes I am still club secretary and tea maker.

Our season has started well with the new players beginning to blend in with the older lads. Our first team so far have played 6 games, won 4 lost 2. **Est 1919** The most notable thing is they

seem to find scoring goals no problem at all and their goal difference is 16. It is early days yet but we are second in the league and are still settling the side down. The skills of these 16 year olds is quite breath-taking, I have seen some amazing goals scored at Sarratt but last week young Marcus received the ball at chest height, with his back to the goal and in one movement bought the ball down, turned and volleyed it into the top corner of the net from 30 yards out. Even the opposition players were stunned. Also returning to the club is James Charlton who at the moment is our top scorer. James is the cousin of our skipper Tom Shurville and his uncle is Jerram who is still making very tasty rock cakes.

Our reserves started their season last week with a 3 - 1 defeat away to Oxhey Jets Vets. Their season will improve as

players become available and settle in together. Their new manager, Michael East, is beginning to get things together. This will be helped by our new training session at Croxley Danes School on Tuesday evenings.

Our Autumn Challenge Golf day was again run at West Herts Golf Club and

despite the weather was enjoyed by everyone. The numbers were down again this year but the proceeds will go a long way towards paying our donation to KGV.

We only have fixtures to the end of September at the moment, to keep up to date go to the FA Full time web site for Herts Senior County League.

#### Mick Warner

# ...and from beyond the boundary

The Sarratt Junior Cricket Club were back in action on Monday nights this summer with the usual blend of complicated assault-course warm-ups, slip catching, technical skills and the allimportant weekly matches. With many of the same children back for a fourth or fifth year, it was time to start making a bit more use of the leather ball and the older group spent plenty of sessions fully padded-up and working on their skills. We also had a few new joiners to the younger group and we were really impressed by the attentiveness and willingness to learn from all involved.

After five really happy years of running the junior cricket club, many of our recruits are now moving on to secondary school and we are unlikely to have the numbers to keep going with the Monday night sessions in 2018. We much hope that all those involved will be able to slot into the cricket going on either at Sarratt School in the summer term, or indeed at their secondary schools. If there are any enthusiastic parents out there keen to take up the mantle and keep going with the younger ones then please contact:

sarrattjuniorcricket@hotmail.com as we have a list of past members and some kit we would happily pass along.

Well done to all those involved over the last five years. We've seen the children really develop their skills into budding young cricketers and we wish them the very best for their continuing cricket.

#### **Robert C Garvey**

#### August weather Philip Buller

Someone recently wrote in the Daily Telegraph that in August the British reached for their brollies and turned the heating on. I must confess to having done both! It wasn't a very warm month, temperatures generally staying at or below average. Hottest day was the 28th, Bank Holiday Monday, when the 27.8C mercury reached [82F]. Nationally this was the hottest late August holiday ever, the previous record of 27.2C was exceeded in many places, the crown going to Holbeach, Lincs at 28.2C. The previous record for Sarratt was 25.7C recorded in 2000. Many have now forgotten that the date for this holiday was changed in 1965 from the first Monday of the month to the last.

It's also seemed a wet month with the only really dry spell being the week leading up to and around the Bank Holiday, but I recorded only 50.1 mm [2ins] for the month. This is just 82% of the norm for August. It may come as a surprise, but based on records for the last ten years, August was the third wettest month of the year here in Sarratt and fifth wettest when using 36 years of records. This month also marks the end of the three months of summer [for meteorologists that is] and the total rain for this period came out at 161.6mm [6.4ins], just below the long term average. For the nation as a whole this was the 11th wettest on record, for Sarratt only the 20th!



# NEXT MONTH'S SPOTLIGHT

Please e-mail articles for next month's issue to: sarrattspotlight@googlemail.com, or place into the SPOTLIGHT box in the Village Shop by **15 October 2017** 

### AND WHILE WE'RE ON THE SUBJECT....

Spotlight doesn't print itself!

If you like the magazine and what we're trying to do with it; if you'd like to see more colour; or if you simply think Spotlight is an important part of village life, please think about supporting it. An envelope is in this month's issue.

Thank You!

# stellar

# Floral Designs with Panache!

Do you have a special occasion requiring a floral surprise? Stellar Rowers offers personalised gifts and floristry design service for

> Birthdays Mother's Day Events and Weddings Home Design Sympathy

Patricia is a local florist who adds flair and customised designs to all her creations, offering bouquets in a vase ready to go with a personalised delivery. Please call

> T: Pat +44 (0) 7770 347507 E: info@stellarflowers.com W: www.stellarflowers.com



01923-268555 info@motorvation.cc

### Car servicing & repairs

- All makes of vehicle
- Exhausts
- Tyres
- Diagnostics
- Accident repairs
- Free loan cars available
- Free local collection/delivery

Good Garage Scheme @

Unit 4B 93a Church Lane Sarratt WD3 6HH

# Friendly, professional care for your computers

- Viruses and spyware cleaned
- Internet problems solved
- E New PCs set up
- All aspects of PCs and broadband covered



- Anti-Virus software
- Wireless networks
- D PC upgrades
- Dead PCs brought back to life!

John Boughton Owner, JB Computers

# 01923 230607

www.johnboughton.co.uk

A wonderful bookshop on your doorstep. An Aladdin's cave that has everything you need from adult and children's fiction to coffee table books, gifts, greetings cards, toys and an unbelievable line up of author signings and events

> 4 New Parade Chorleywood WD3 5NJ Tel: 01923 283566 www.chilternbookshops.co.uk



# Mike Joseph

Domestic Electrician

Registered for 'Part P'

Elecsa Member 30604

Phone: 01923 261305

Mobile: 07775 915159

Mail: mike@mikejoseph.eu Web: www.mikejoseph.biz



# MARCEL FAIRS

Second Sunday 9.30 a.m. - 4.00 p.m.

2017

July 9th • August 13th

Sept. 10th • Oct. 8th

Nov. 12th . Dec. 10th

Sarratt Village Hall The Green WD3 6AS

Enq: Marcel 07887 648 255 www.marchfilm.co.uk www.tochack.co.ch.marchis



I provide a comprehensive wealth management service, offering specialist face-to-face advice tailored to you. My services include:

- Investment Planning
- Inheritance Tax Planning
- Retirement Planning
- Intergenerational Planning

For further details please contact:

Nick Barker DipPFS, Cert CII (MP&ER)

Tel: 01923 671471 | Email: nick.barker@sjpp.co.uk www.nbwealth.co.uk

# PLEASE SUPPORT OUR ADVERTISERS

	-
ACOUSTIC/ELECTRIC GUITAR LESSONS - beginners/intermediates. Ross O'Reilly BIGGERSTAFF'S GARAGE – SARRATT	07763 612716
Motor Supplies, Servicing, MOT, Petrol	262591
BOOKCASES, WARDROBES, OFFICE/STUDY FURNITURE - bespoke carpentry. Tony O'Mal	nonev
Cabinet maker established 1972. No job too small. Tel/Fax: 01923 274478	
<b>P.BRANT</b> and <b>SONS</b> – MEMORIAL SCULPTORS. 5, Park Road, Bushey	0208 950 1804
CANCER RESEARCH UK – TOGETHER WE WILL BEAT CANCER	0200 330 1004
Donations to Mrs. M. Bramall, Long Meadow, 6A, Caroon Drive, Sarratt	262521
CHAIRS RE-CANED – FREYA BROOKS Walnut Cottage, Belsize	263388
CHALFONT COURT CARE HOME – Nursing care for older people and those with Alzheime	
other forms of dementia. Uxbridge Road, Rickmansworth. www.careuk.com/ch	
CHIMNEYSWEEP 25 years experience, no mess. All chimneys swept clean and vacuume	
Reduced price for 2nd chimney. Cheques accepted and bird rescue. Call Mr Bad	
CHORLEYWOOD BOOKSHOP - YOUR local independent bookshop Books, cards, wrap and	
	0
for all ages and tastes. Open every day. see www.chorleywoodbool	
CURTAINS and BLINDS. All styles of curtains, pelmets, blinds and cushions supplied and f	
Contact Mary Clarke on 779476 or N	
	orah Ingram 266694
	ngs direct 266694
	Sishop 07717 003274
FEET TREAT Professional foot care in your home/workplace, Diabetic patients, Mediped,	
Corns, Ingrown Toe Nails and Fungal Infections. Julia.Adam@Feettreat.org.ul FITTED CARPETS WITHOUT THE HASSLE. No charges for moving furniture, take-up and	k. 07939 574 789
	774004
	VW Penney 774904
HOME LOVING CATS, Watford (and surrounding areas)	
Your cat stays at home instead of going to the cattery! For more info. visit www.	
J and S FUNERAL SERVICE 24 Hour Service. Home Arrangements if preferred, Private Cha	
Golden Charter Pre-paid Funeral Plans, 17 School Mead Abbots Langley	WD5 0LA 262939
JAMES PEDDLE – Funeral Directors. Night or day service	
10, Money Hill Parade, Rickmansworth	772013

# INTERIOR PAINTING

PLUS

# KITCHEN & FURNITURE PAINTING CALL CHRIS HAMLIN ON:

07795-682376 OR 01923-264466

Thank you for reading this: if instead you want your own message to reach every home in Sarratt once a month, why not contact Michael Lench, our Advertising Manager?

He's just one email away, on optimal@ic24.net

# PLEASE SUPPORT OUR ADVERTISERS

MOTORVATION Car servicing and repairs, full diagnostic facilities. FREE local collection and delivery. FREE loan cars, credit cards accepted. 07774 859730 268555 PILATES CLASSES Sarratt Village Hall Monday and Thursday evenings. One to one sessions also available. Please contact Abi: ab@abigailsagar.orangehome.co.uk 07973 320669 264833 **PHYSIOTHERAPY** Neck and back pains, muscle and joint problems. Incontinence, acupuncture. home visits. ANNE STICKLAND offering a local service. anne.stickland@btinternet.com 01442 833763 POLLY'S NAILS, TANNING and BEAUTY TREATMENTS In-home salon - Champneys College and Espa trained. Located in Sarratt. pollyford@ymail.com www.beautyatpollys.co.uk 079125 32333 PROCARE -Thorough Carpet and Upholstery Cleaning with outstanding local service. Carpets dry in 30min. 100% satisfaction guarantee www.procare-cleaning.co.uk Call Matthew on 0800 695 1753 **REMOVALS** – Local and long distance – Large or small 226206 HUMPHREYS 1, Sydney Road, Watford. Special rates for pensioners 226207 **RUBBISH CLEARANCE.** 2 man crew and a truck, junk from property taken away, thorough sweep up. Cheaper than a skip. Only pay for what we take. H.H. Junk 07927 757440 TOE-TAL FOOTCARE, for the treatment of corns, callus, ingrown or thickened nails, nail trimming, and other complaints. Appointments in your own home (40 minutes -1 hr) at £30. 07799 033974 **ROSE HALL FARM, SARRATT – Livery and Riding Stables** 01442-833269 SARRATT POST OFFICE STORES 262106 SARRATT TENNIS CLUB - Social Tennis, Coaching, Teams, Floodlights Membership - Jackie Youell membership@sarratttennisclub.co.uk 261990 TIMELESS INTERIORS interior design service, 1 Shire Lane, Chorleywood, WD3 5NQ (just above Andrew Fleming's Flower shop) 286021 T.R.SHAW – Painter and Decorator 15, Alexandra Road, Chipperfield 268892 WASP PROBLEM? Wasp/Hornets nests destroyed. £40. Normally same day service, including weekends. Fully insured. 07780 953222 LIVING LANDSCAPES Garden design, maintenance, landscaping and equestrian facilities. Steve Brownsell 07976 508294

LOCKSMITH. Good rate. Lock out/in. Locks changed. UPVC specialists. Insurance upgrades. Bernie Butler 07702 049792

PCFixup - PC and Laptop tune-ups. Fast "Fixup" service. Improve speed, stability, performance.Chorleywood (above florist).www.pcfixup.co.uk282928, 07771 640012



Inspiring, teaching and caring for your children since 1984 **Sarratt Ducklings Pre-school** Monday to Friday - for children aged two to four years Morning 9am—12pm. Lunch Cub. Afternoon 1pm—3.30pm. Nurturing session for younger children We are registered with Ofsted and a member of the Pre-School Learning Alliance and are a non profit making organisation. Charity No.1048712

Tel. 01923 266694 www.sarratt.herts.sch.uk/ducklings



Specialising in property sales and lettings in the village. For a free no obligation valuation contact Mark Whitewood on: 01442 831500

Email: info@wilsonsofbovingdon.com Office: 35a High Street, Bovingdon

discretion of the editors; and on the basis that the views they express may not reflect, nor are endorsed, by the magazine. Spotlight takes no responsibility or liability for the information in these articles.



The plans look good...



But the best-laid plans ...

# Does Sarratt's Labyrinth need to find another way?

**For the third year running,** Sarratt Green has been the site of a labyrinth, carefully cut by Colin Plummer into the grass 150 yards up from the Village Shop. This year the design was a trefoil, three

adjacent interconnecting spirals which ended in a central space. A small marquee was erected beside

it and parishioners and visitors alike were encouraged to look at the literature in the tent and then, holding a ribbon or a stone, slowly to walk the path through the labyrinth while meditating, praying, just relaxing or doing whatever felt right for that particular person.

The weather was not very kind to us during the week when the labyrinth was active, gusty winds, frequent showers and very little sunshine dampened the spirits and reduced expected attendance.



Despite that, a number of people each day took the opportunity to walk around including a group from the village school. The official opening took place on September 10th with a small group led

> by our Rector, Michele, and ending with a short evening service led by David Clough on September 17.

During the very windy night of Tuesday - Wednesday, disaster struck; the tent was blown away, with all its metal supports and ended in the hedge outside the home of David & Pippa Alexander on the East side of the Green. The following morning it was rescued by Colin Plummer assisted by Jeannie Poulton and Terry Brownsell. Despite this we were not dispirited and we anticipate the labyrinth to return next year, possibly in another form.



